



Surf Action is offering Inclusive Family Surfing Courses to Support the Physical and Psychological Resilience of the Armed Forces Community (Serving and Veteran), Commencing on Saturday 6th April 2019



8 Week Surfing Courses at Praa Sands on a Saturday or Sunday from 9.30am—1pm for children/young people aged 7-18. Parents are encouraged to join their children in the water! All boards and wetsuits are supplied free.

Course 1: Saturday 6th April — Saturday 25th May

Course 2: Sunday 7th April — Sunday 26th May

Course 3: Saturday 1st June — Saturday 20th July

Course 4: Sunday 2nd June — Sunday 21st July

Course 5: Saturday 27th July — Saturday 14th September

Course 6: Sunday 28th July — Sunday 15th September

Email: info@surfaction.co.uk for more information and to register!



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