

INVITATION

THE CHAIRMAN AND TRUSTEES OF F4H INVITE YOU TO



THE LEADERSHIP FORUM

THE CAVALRY & GUARDS CLUB [127 PICCADILLY, W1J 7PX]
ON TUESDAY 11TH JUNE 2019

PANEL CHAIRMAN



Roger Davis

NON-EXECUTIVE CHAIRMAN FOR BUPA

Roger Davis is the non-executive Chairman for Bupa, having joined the Board in 2015. He has extensive business experience and an international mindset acquired during a wide-ranging career in financial services. He is also Chairman of Sainsbury's Bank and Global RadioData Communications.

Roger began his career in the British Army, leaving in 1986 to join Robert Fleming Holdings as an Equity Sales Manager where he rose to Managing Director of India at Jardine Fleming. He has extensive experience in the UK and Asia including previous positions as Chief Executive Officer of BZW Asia Pacific and Chairman and Chief Executive of Barclays Capital Asia Pacific. He left Barclays as Executive Director and Head of the UK Bank in 2005.



Dame Inga Beale

FORMER CEO OF LLOYD'S OF LONDON

Dame Inga Beale is a British businesswoman and the former CEO of Lloyd's of London. With over three decades of global experience in financial services she was awarded a Damehood in 2017 for services to the UK economy and for her contributions to driving the inclusion agenda for women and the LGBT community. During her 5-year tenure at Lloyd's, Dame Inga was responsible for accelerating the modernisation of the insurance market and embedding an innovation culture. As the first female Chief Executive of Lloyd's she played a critical role in advancing diversity and inclusion initiatives across the global insurance sector, including the Dive In Festival – the only sector-wide diversity and inclusion festival in the world. Dame Inga is currently a member of the London First Board and the London Mayor's Business Advisory Board. She is Patron of Insuring Women's Futures and her philanthropic interests include being a member of Stonewall's Development Council and the Pitt Rivers Museum Advisory Board at Oxford University.



General The Lord Houghton of Richmond GCB CBE DL

FORMER UK CHIEF OF DEFENCE STAFF

General Nick Houghton is a former UK Chief of Defence Staff. He stood down in July 2016 and is now the Constable of The Tower of London and a Cross-Bench Peer in the House of Lords. In 1973 he was commissioned into the Green Howards, a Yorkshire Infantry Regiment, straight from school aged 18. In a 43-year military career he served seven times in Northern Ireland earning operational awards as both a Commanding Officer and as Brigade Commander in Belfast. He was the Deputy Commander of the Multi-National Force Iraq in 2005-6 for which he was awarded the US Legion of Merit. He was the Chief of Joint Operations from 2006 to 2009, in charge of all overseas operations of UK Forces, including the final extraction from Iraq. He was both Vice Chief then Chief of Defence Staff during the time of two Strategic Defence Reviews and the end of combat operations in Afghanistan. He was the Colonel Commandant of the Intelligence Corps and the founding Colonel of the Yorkshire Regiment. On leaving the Army Nick established his own consultancy company which specialises in strategic advice to multinational corporates. He also advises a number of technical start-ups. He is a Trustee of the Royal United Services Institute, Historic Royal Palaces, Royal Armouries and The HM Tower of London Chapels Royal Foundation. He is an Honorary Fellow of St Peter's College, Oxford.



Sam Shephard GC

OFFICER, ROYAL MARINES RESERVE

Sam Shephard GC is a serving officer in the Royal Marines Reserves, who was awarded the George Cross in 2014 for his efforts to rescue a fellow officer, Lieutenant Damien "Day" Moran, during a diving exercise in Egypt, the previous year. Prior to this he was Second in Command of Bravo Company, 40 Commando, Royal Marines which included active duty in Afghanistan, Iraq, Bahrain, Saudi Arabia, Kuwait and Albania. Sam has served as Assistant to the First Sea Lord, Chief of the Naval Staff in Whitehall and, more recently has worked as Chief of Staff at CQS, a London based hedge fund and founded various business ventures, including a Juice Bar chain.

RSVP GRAHAM BROWN
G.BROWN@F4H.ORG.UK

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F4H develops the ability of serving and retired members of the armed forces of all ranks and status, as well as their partners and spouses, to manage the dramatic change in cultures when resuming civilian life in such a way that they are better able to identify and help meet their needs to participate fully in society

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