

JOB SUMMARY AND PERSON SPECIFICATION

Job Title: Psychological Wellbeing Practitioner, Hidden Wounds (equivalent to NHS Band 5)

Reports to: Psychological Wellbeing Practitioner Team Lead

Based at: Tedworth House, Tidworth

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| Job Purpose | Delivery of low intensity CBT, with additional responsibilities that may include provision of case management and clinical skills |
| Main Responsibilities | <ul style="list-style-type: none"> • Support a full caseload of people requiring low-intensity CBT within the Step 2 Hidden Wounds' service, in a safe, effective and efficient manner, • Collect outcome data to support service evaluation |
| Essential Qualifications: | <ul style="list-style-type: none"> • Post graduate certificate in evidence-based practice. • Bsc Applied Psychology (Clinical) with completion of basic PWP training |
| Essential Knowledge, Skills & Experience | <ul style="list-style-type: none"> • Clinical monitoring, assessment, and risk management skills • Excellent interpersonal skills • Excellent communication skills (clarity and confidence in face-to-face, telephone and written communication) with people from a range of backgrounds (e.g. Veterans and their families, general public, other health care providers) • Good evidence of organisational skills with respect to monitoring of data integrity and project management • Computing skills sufficient to use an internet platform, download data, or respond on-line. • Experience at using guided self-help interventions • Experience of conducting risk assessments and understanding of health and safety legislation • Excellent skills in supporting patients using low intensity CBT over the telephone • Experience relevant to working with clinical populations |



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| Desirable Knowledge, Skills & Experience | <ul style="list-style-type: none">• Successfully completed a PWP training programme/undertaken CPD in competencies associated with advanced PWP such as supervision, leadership, service evaluation or enhanced clinical competencies with specific patient groups.• Project management skills• Knowledge and understanding concerning the major difficulties facing Military personnel or Veterans and their families• Knowledge and skills in using patient management systems• Previous experience of working in the charitable sector• Experience of being involved in service development• Experience of successful working using low-intensity CBT with Military personnel or Veterans and their families• Experience of working collaboratively with physical rehabilitation professionals• Experience of providing case-management supervision to PWPs• Experience of providing clinical skills supervision to PWPs• Experience of providing leadership to other PWPs• Experience of delivering training within a group setting |
| Key Competencies & Behaviours | <ul style="list-style-type: none">• Confident and polite manner• Ability to build rapport quickly and to understand needs and expectations• Positive, empathetic, patient, polite and friendly manner• Ability to remain calm under pressure• Displays the highest levels of integrity, confidentiality and commitment• Respond quickly to changing demands and demonstrate strong skills in prioritisation and time management• Work within a range of environments and working cultures, adapting personal style accordingly• Lead and drive work forward with minimal direction• Analyse information quickly and communicate in a concise and articulate manner• Well organised with the ability to prioritise• Attention to detail in all aspects of work• Demonstrates an ability to work as part of a team and be a flexible team player• Demonstrates self-motivation• Flexible re. hours of work |