

JOB SUMMARY AND PERSON SPECIFICATION

Job Title: Psychological Wellbeing Practitioner, Hidden Wounds (equivalent to NHS Band 5)

Reports to: Regional Psychological Wellbeing Manager

Based at: PHRC

Job Purpose	Delivery of low intensity CBT, with additional responsibilities that may include provision of case management supervision and clinical skills
Main Responsibilities	<ul style="list-style-type: none"> • Support a full caseload of people requiring low-intensity CBT within the Step 2 Hidden Wounds' service, in a safe, effective and efficient manner, • Collect outcome data to support service evaluation
Essential Qualifications:	<ul style="list-style-type: none"> • Post Graduate Certificate in Evidence-Based Psychological Therapies (PWP core training)
Essential Knowledge, Skills & Experience	<ul style="list-style-type: none"> • Clinical monitoring, assessment, and risk management skills • Excellent interpersonal skills • Excellent communication skills (clarity and confidence in face-to-face, telephone and written communication) with people from a range of backgrounds (e.g. Veterans and their families, general public, other health care providers) • Good evidence of organisational skills with respect to monitoring of data integrity and project management • Computing skills sufficient to use an internet platform, download data, or respond on-line. • Experience at using guided self-help interventions • Experience of conducting risk assessments and understanding of health and safety legislation • Excellent skills in supporting patients using low intensity CBT over the telephone • Experience relevant to working with clinical populations



<p>Desirable Knowledge, Skills & Experience</p>	<ul style="list-style-type: none"> • BA/BSc Psychology • Successfully completed a PWP training programme/undertaken CPD in competencies associated with advanced PWP such as supervision, leadership, service evaluation or enhanced clinical competencies with specific patient groups. • Project management skills • Knowledge and understanding concerning the major difficulties facing Military personnel or Veterans and their families • Knowledge and skills in using patient management systems • Previous experience of working in the charitable sector • Experience of being involved in service development • Experience of successful working using low-intensity CBT with Military personnel or Veterans and their families • Experience of working collaboratively with physical rehabilitation professionals • Experience of providing case-management supervision to PWPs • Experience of providing clinical skills supervision to PWPs • Experience of providing leadership to other PWPs • Experience of delivering training within a group setting
<p>Key Competencies & Behaviours</p>	<ul style="list-style-type: none"> • Confident and polite manner • Ability to build rapport quickly and to understand needs and expectations • Positive, empathetic, patient, polite and friendly manner • Ability to remain calm under pressure • Displays the highest levels of integrity, confidentiality and commitment • Respond quickly to changing demands and demonstrate strong skills in prioritisation and time management • Work within a range of environments and working cultures, adapting personal style accordingly • Lead and drive work forward with minimal direction • Analyse information quickly and communicate in a concise and articulate manner • Well organised with the ability to prioritise • Attention to detail in all aspects of work • Demonstrates an ability to work as part of a team and be a flexible team player • Demonstrates self-motivation • Flexible re. hours of work