

To find out more about the groups and how to refer to our service please email **groupfriendship@ageuk.org.uk** or call our friendly team on **0800 434 6105** and let them know you'd like to know more about the Seafarers groups.

If you'd like to make a referral by post, please fill out the form below and post it to: **Freepost Plus RUAE-AUTL-EUSL, Age UK- Friendship Services, Linhay House, Linhay Business Park, Ashburton, Devon, TQ13 7UP.**

I would like to refer myself to the Seafarer Group call Service.

First name _____

Surname _____

Address _____

_____ Postcode _____

Telephone (incl. area code) _____ Date of birth _____

What is your link to the Seafaring world? _____



I would like to refer someone else for the Seafarer Group call Service and confirm I have consent from them to do so.

First name _____

Surname _____

Address _____

_____ Postcode _____

Telephone (incl. area code) _____ Date of birth _____

What is their link to the Seafaring world? _____



Please note, the Group call Service may not be suitable for people with memory loss, dementia or mental health issues that require higher level support. These conditions may affect the person's ability to build friendships within a group. In some instances, people with these conditions may actually find the calls more distressing.

We'll only use this information as part of Age UK's Telephone Friendship service and to contact you in case we need any more details. We won't use it for any other purpose, unless you give us permission to do so.

Age UK is here for anyone who needs us, call the **Age UK Advice Line** on **0800 169 6565** or visit **ageuk.org.uk**

For comfort and friendship any time of the day or night call **The Silver Line Helpline** on **0800 4 70 80 90**

Age UK, 7th Floor, One America Square, 17 Crosswall, London EC3N 2LB. Registered charity number 1128267. Company number 6825798. ID204773 02/22



SEAFARERS LINK



Connecting people, building friendships

FREE
Group telephone calls
for Seafarers





“Its been a lifeline for me, talking to people who understand me, it’s very important that we get together and talk to one another, whether we say a great deal or not, all of us don’t know what we would do without you.”

Peter

Seafarers Group Telephone calls

Seafarers Group Calls are friendly, free, and regular group telephone calls for up to six people, supported by a trained volunteer. An easy way to connect with others with a maritime background, share stories and experiences of life at sea, and make new friends, all from the comfort of your own home.

Who can join the group calls?

Anyone aged 60 years who would benefit from a friendly chat, and has a seafaring background, or is connected to seafaring in some way. This could include former Merchant Navy, Royal Navy, Royal Fleet Auxiliary, Royal Marines, WRENS, Fishermen and anyone else who has worked at sea in any capacity. It also includes spouses, partners and

family members of anyone with a seafaring background.

How do Group calls work?

Calls are facilitated through our secure automated system. All you need is a landline or mobile phone, and you’ll receive a call each week to enable you to join the call, along with the other members of your group. If you miss a call, you can ring our friendly team and we’ll dial you in. The calls are completely **free** of charge.

How often are the calls?

The calls take place each week, at the same agreed day and time. Facilitated by a trained volunteer, the calls are 45 minutes long, and offer a free, safe, and friendly environment in which to chat, share stories and enjoy friendship with others.

Connecting people, building friendships

Call **0800 434 6105** to find out more